



Dying Matters

March 2016

Welcome to the first edition of Dying Matters, the newsletter for End of Life news and events across Mid Nottinghamshire.

End of life care is care that affects everyone, it is not a response to an illness or long term condition, and it is not restricted to a particular part of society. Putting it in perspective, 100% of us will experience end of life and ultimately die. We cannot beat death, but we can change the way in which we engage about dying, death and bereavement. We can ensure that we prepare, plan and care and support those who are dying and those who are caring for them. There is a need for honest conversations and that cohesive, collaborative care is important for carers and families. This newsletter will give you some information to help with these conversations.

We are currently in the process of developing the Mid Notts Strategy for End of Life which will incorporate the N&S End of Life Strategy and also the Ambitions document which was produced at the end of 2015.

If you would like any further information regarding End of Life please do not hesitate to get in touch with one of the CCG team.

Dying Matters Awareness Week:
9th - 15th May 2016

www.dyingmatters.org

#YODO

You Only Die Once

End of Life Contacts

Clare Frank. Programme Manager, Newark and Sherwood CCG
Clare.Frank@newarkandsherwoodccg.nhs.uk

Julie Barker. Newark and Sherwood End of Life Clinical Lead
Julie.Barker@gp-c84009.nhs.uk

Khalid Butt. Mansfield and Ashfield End of Life Clinical Lead
Khalid.Butt@gp-c84016.nhs.uk

News



The banner features a yellow background on the left with the text 'THE BIG CONVERSATION' in large, bold, pink letters. Below this, it says 'Talking about dying won't make it happen!'. The middle section has a teal background with 'Dying Matters Awareness Week' and '9th-15th May 2016' in white. The right section is dark teal with a yellow speech bubble containing 'Dying Matters' and a white speech bubble with '#YODO you only die once'. At the bottom, a pink bar contains the website 'www.dyingmatters.org', a Twitter icon with 'twitter.com/DyingMatters', and a Facebook icon with 'www.facebook.com/DyingMatters'. The background of the banner is a repeating pattern of the words 'Live, Talk, Plan, Live, Talk, Plan' in a light, handwritten font.

Every year in May, Dying Matters and our coalition members host an Awareness Week, which creates an opportunity to place the importance of talking about dying, death and bereavement firmly on the national agenda.

In 2016, the awareness Week will run from 9-15 May and will have the theme 'The Big Conversation'. We are currently planning a number of events and activities to engage with our population in Newark and Sherwood and Mansfield and Ashfield.



Newark and Sherwood CCG: @NandSCCG

Mansfield and Ashfield CCG: @MandAccg

Dr. Julie Barker: @jabdoc

Tweet us using the hashtag **#BigConversation**

CHUCS Service

The Care Homes nursing service provided by CNCS nurses (some of whom are prescribers, some training for this) provides support to specified care homes for the following indications:

- End of Life care including advance care planning
- Pro-active admissions avoidance care planning including reviews post discharge.
- Urgent same day need for assessment (to reduce pressure on GP surgeries).

Homes are encouraged to contact SPA directly to request input but GP practices can also signpost homes to contact the service for appropriate patients. Homes covered are attached.

Newark and Sherwood Care Homes with input from CHUCS teams

Home Name	Address	Telephone Number
Bowbridge	Bowbridge Road, Newark-on-Trent NG24 4DF	01636 605528
Lancaster Grange	Cross Lane, Fernwood, Newark-on-Trent, Nottinghamshire, NG24 3NH	01636 594300
The Oaks	172 London Road, Newark NG24 3BN	01636 605165
Parklands	Strawberry Hall Lane Newark Nottinghamshire NG24 2EP	01636 700770.
Bishops Court	Tuxford Road, Boughton, Newark, Nottinghamshire NG22 9HY	01623 862043
Boughton Manor	Church Rd, Boughton NG22 9JX	01623 860436
Sherwood Grange	Mansfield Rd, Edwinstowe NG21 9HF	01623 824054
Pathfinders	Darwin Drive, Newark NG22 9GW	01623 836639
Southwell Court	Racecourse Road, Southwell NG25 0TX	01636 815599
Hazelford	Boat Lane, Nottingham NG14 7FT	01636 830207

Mansfield and Ashfield Care Homes with input from CHUCS teams

Name	Address	Telephone Number
Ashlands	152 Southwell Road East, Mansfield, NG21 0EH	01623 792711
Churchfield	Churchfield Drive, Mansfield, NG21 0BJ	01623 792435
Hatzfeld House	10B Mansfield Road, Mansfield, NG21 0PN	01623 464541
St Marys	The Old Vicarage, Main Street, Mansfield, NG21 0QH	01623 795231
Nightingale	Fourth Avenue, Mansfield, NG21 9PA	01623 795 231
Clipstone Hall and Lodge	Mansfield Road, Mansfield, NG21 9FL	01623 636350 & 01623 636010

Useful Documents

Click on the buttons below to download the relevant documents:

Nottinghamshire
Advance
Care Planning
document

Advance Care
Planning:
Guidance for
clinicians



Current Issues in End of Life Care - Training

One Day Event for Consultants and GPs, facilitated by Palliative Medicine Consultants and Macmillan GPs

Topics to include:

New NICE guidance for End of Life Care

Difficult conversations:

Advance care planning

When and how to talk about resuscitation

Hydration and nutrition for dying patients

Click here for full details and a booking form

27th April 2016

10am – 4pm

Venue: The Derbyshire
Hotel, Carter Lane East,
Alfreton, DE55 2EH

Near junction 28 M1

End of Life PLT Event

Newark and Sherwood CCG will be holding an End of Life protected learning time event on May 11th for all GP's in Newark and Sherwood. The event will be held at Edwinstowe House.

On the brink: The Future of End of Life Care

Seven major leading cancer charities including McMillan Cancer Care and Marie Curie have jointly published **On the brink: The future of end of life care**. This report finds that too many people approaching death are forced to spend long periods of time in hospital due to a lack of social care or alternative support options in their community. This in turn leads to increased hospital admissions and higher costs for an NHS under financial pressures.

BBC News story: <http://www.bbc.co.uk/news/health-35660471>

Get Involved

If you would like be involved with any aspect of End of Life care, please do not hesitate to contact a member of the EoL team. We also value your feedback, so if you have any comments that you would like to make about this newsletter, or have any content you wish to include, please get in touch.